



Hunger Relief
Aging Services
family Youth
PATHWAYS
Thrift Stores
Domestic Violence



Family Pathways

2017 COMMUNITY IMPACT AND ANNUAL REPORT

*Celebrating 40 years
of hope, stability
and you*



FAMILY PATHWAYS....

Works with communities to develop supportive, caring relationships to help people meet their basic needs.

Family Pathways is turning 40!

Family Pathways, a 501(c)(3) nonprofit, was founded in 1978 and offers community members Hunger Relief, Aging Services, Youth Programs, and Refuge Network Domestic Violence and Sexual Assault Programs. This safety net of services is offered in the City of Forest Lake, and the counties of Chisago, Isanti, Kanabec, Mille Lacs, and Pine in Minnesota and Polk County in Wisconsin.

In 2018, we're celebrating 40 years of service. Together with volunteers and donors, Family Pathways has given residents in need, hope and stability when they need it most. **What a milestone.**



A LETTER FROM OUR LEADERSHIP

Dear Friends,

At 40th birthdays, people often take a moment to consider, contemplate and perhaps to anticipate. Some are curious about what might have been, if only... Others wonder what happened to the time. A few look ahead and make plans for the next forty years. Some are happy. Others disconsolate. A few complacent. Regardless, life goes on and there are things to be done.

Family Pathways is 40 years old this spring, 2018. In nonprofit years, that is a long time, for many nonprofit organizations cease to exist after just a few years. Lack of funding, leadership challenges, and community complacency all take their toll. But that has not been the experience of Family Pathways.

Starting life in 1978 as the Family Resource Center of Southern Chisago County, serving a few hundred people with counseling, a small food shelf, clothing exchange, and First Call for Help phone line, the organization grew because the need was evident and the community cared enough to help. The funding has not always been sufficient, leaders have struggled, but you, the community, have always cared enough to make sure that basic human services are there for your neighbors. That is impressive.

The 23,000 people who received assistance this past year from Family Pathways trust that we will take just a moment and say "THANK YOU" to all of you for your support. That bag of groceries, dollars in the envelope, furniture or clothing donation or hours of volunteering means so very much to so many, that those two words do not completely suffice.

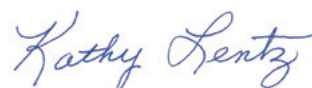
But say them again, we will. To the 451 volunteers who helped provide 2.4 million meals to 17,272 neighbors, Thank you! To the special friends who visited, drove, vacuumed, dusted, talked and cared for the 848 seniors and their caregivers we served, Thanks! And, Thank You to the 114 skilled folks who helped to intervene, support and advocate for victims of domestic violence. Over 1,000 kids made a connection and built skills as a result of the many mentors we thank who worked with them in 2017. So, THANK YOU to all of you, and also to those who assisted with administrative duties, planned events, and shared their financial resources. Please look for your name online at FamilyPathways.org.

But, 2018 is a time of looking ahead in anticipation as well. While we bid farewell and happy retirement to Rich Smith this past year, we will welcome a new Executive Director very soon. And the work of helping our neighbors goes on. There will be more who do not have enough to eat or who would like to stay in their home a bit longer. Violence in families is not going away and a safe place is critical for many. Kids still need mentors and we need YOU.

Come and help us celebrate this fantastic birthday and continue the work so critical to so many in our neighborhood.



Reid A. Zimmerman, PhD, CFRE
Interim Executive Director



Kathy Lentz
Chair of the Board of Directors

2017 BOARD MEMBERS

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Rich Smith
*Executive Director,
Retired*

Reid A. Zimmerman,
PhD, CFRE
*Interim
Executive Director*

Paving the Path to Hunger Relief

Since 1978, donors like you have supported Family Pathways Food Shelves in efforts to connect hungry neighbors with resources to put food on their tables. We've grown from sending families home with one bag of groceries to over 30 pounds of food per family member. We're glad you believe as we do – that in East Central Minnesota and Western Wisconsin where food is grown and produced daily, we cannot send people to bed hungry – we need to tackle hunger.

Your gifts provide much more than a resource for food

Weekly produce visits offer additional nutrition – *'I cannot afford to buy fresh vegetables at the grocery store. They're just too expensive for me.'*

Homemade tie blankets offer comfort – *'They kept my kids warm on these super cold winter nights.'*

Can openers for our homeless who sleep in their cars – *'The can opener was such a little thing, but I have nowhere to cook so it's such a big help.'*

School supplies for back to school – *'I cannot afford for my kids.'*

Community Partnerships – *'We were connected with other resources when we truly needed a different kind of help.'*

Beds – *'We needed to get off the floor for sleeping.'*

Salvation Army assistance – *'I was hooked up with other resources in town that helped my family.'*

Backpack program – *'My kid gets extra food for the weekend.'*

Supplier of the Nutritional Assistance Program for Seniors (NAPS) – *'My dad eats healthier with well balanced meals.'*

Milestones

Together in 2017, we expanded the FOOD4KIDS Backpack Program to Rush City and Chisago Lakes Middle Schools bringing the total to 18 participating schools. 595 children were provided additional well-balanced meals for the weekend when food is scarce at home. These 18,850 bags, or 75,400 meals, totaled 70,348 pounds of extra food. That filled a lot of little tummies!

Your gifts made it possible to add 5 stops to the mobile food shelf community sites, bringing total site locations to 22. Last year, the mobile food shelf delivered to 4,179 individuals. They were served 113,797 meals (142,246 pounds of food). This 37% increase over the previous year demonstrates the necessity to reduce transportation and mobility barriers to food access.



2017 HIGHLIGHTS

Because of you, 17,272 men, women, and children were fed **2.3 million meals** – that's 2.87 million pounds of food.

451 volunteers dedicated 44,974 hours fighting hunger. On average, that's **100 hours each**.
THANK YOU!

You made it feasible to increase the fresh produce given weekly. The available fruits and vegetables that people need to remain healthy, fight off virus', and perform well in school **more than doubled** – by 64% to be exact!

Look for your name at FamilyPathways.org!



24 Hour Crisis Line
1-800-338-SAFE
(7233)



REFUGE NETWORK

2017 HIGHLIGHTS

You supplied the support necessary to help **2,526** victims of family violence and sexual assault

As you stood with us to say **NO ONE DESERVES TO BE ABUSED**, advocates helped with 120 Order for Protection – that’s a **66% increase** over last year!

You made it possible to create coordinated efforts that touched **3,385** people through community education and outreach

With your help, **169** women and children received emergency shelter at Black Dog Hill

Your support helped provide **25,235** contacts with victims designed to keep them safe and end abuse

Paving the Path to Ending Domestic Violence

Milestones

January 2017, the Refuge added domestic violence and sexual violence advocacy and support to victims at a third local hospital—Fairview Wyoming. This is in addition to the support we provide at Cambridge Medical Center and FirstLight Hospital in Mora. Advocates helped 14 victims of sexual assault and 5 victims of domestic violence during this first year in Wyoming.

Creating a better family dynamic, the visitation program grew from 956 visits in 2016 to 1,591 in 2017. That’s an impressive 66% growth in helping families stay connected.

You are REMARKABLE! With your support: 75 law enforcement officers from Chisago and Isanti Counties were trained in domestic violence, sexual assault and care for victims of trauma.

Working at and through the heart: The Men’s Intervention Program facilitated 156 classes designed to end abuse. Men who’ve successfully completed this program have changed their behavior. This is evidenced by a 10% recidivism rate compared to the national average of 40%.

In order to dedicate more dollars to programs and services, the names of our donors and volunteers are listed on our website at FamilyPathways.org!





AGING SERVICES

Paving the Path to Aging Well at Home

Thanks to you the conversation has begun. You said ‘take care of our older neighbors, family members, and their caregivers. Make sure they’re allowed to age well and safely in the home of their choice.’ As a community we recognize the value in an individual’s journey to wellness as they age and have dedicated time and resources to help older adults improve their quality of life. Personalized services also focus on the caregiver, equipping them with knowledge, skills and tools to achieve a balanced lifestyle while caring for another person.

“Just being able to leave the house for an hour all by myself is wonderful.

Our volunteer is so willing to help us at any time. He’s amazing.”

- Caregiver

“I’m just so thankful for the volunteer that comes to visit. I can’t believe someone so kind is willing to help an old lady like me.” - Client

We could not do much of this work without the dedicated support of our volunteers, “I am here to help. I have many days free and am willing to help people. That’s why I am VOLUNTEERING. It makes me feel useful as I age myself.”

Milestones

Dementia Grant: The Isanti County Public Health Dementia Grant provided us with an opportunity to create an In-Home Respite Arts and Activities Library. This unique library provides tools for volunteers and family members to have meaningful interactions with persons experiencing memory loss. Although the library is located at our Cambridge office the materials are available within all our service area.

We participated in a poster presentation session at the 2017 Age and Disabilities Odyssey!

Our Reflections Memory Program opened a Memory Café in Mora and co-facilities a Café in Cambridge! The Café brings together caregivers and older adults living with dementia to connect and bond in a safe social setting.

Volunteers are recognized for their help by name at FamilyPathways.org. Please check it out.

2017 HIGHLIGHTS

You helped us provide **3,270 hours of education** and assistance creating individualized plans for 244 caregivers to help them achieve a balanced, healthy life.

You are part of the team that gave **848 adults and caregivers** help, hope, and support.

Thank You!volunteers dedicated **2,491 hours** of service to neighbors who needed you.

718 hours of respite services were in thanks to volunteers providing social interactions that engaged the care recipient and gave a much needed break to their caregiver.



2017 HIGHLIGHTS

You provided **1,012 teens** with a place to discover their potential

483 new students joined us at the Teen Centers last year

Teens had such great experiences, they made **18,009** visits to the Teen Centers

71 volunteers provided **3,992 hours** of support and mentoring

Paving the Path for Bright Futures

Milestones

Thanks to you, the teens in our Youth Program saw great opportunities.

The Youth Program hired two new staff who had previously been participants. Both are now college students studying to work with kids and families. They bring a deeper understanding of the program, knowledge of the area, are relatable and a huge draw for the kids, have contagious energy and fresh ideas.

Teen Centers expanded the Service Learning student program. In addition to future law enforcement students from area colleges, we now also have student volunteers who are studying psychology. What this means is that we have new and dynamic resources, a different perspective and diverse interests which translate into additional learning opportunities.

Volunteers with unique professions joined our team, bringing with them new talents and skill sets – Karaoke business owner, organic farmer, convenience store manager among others – all different yet all have the same heart for kids.



Paving the Path to Program Support

By being thrifty shoppers, you turned \$4.9M thrift store sales revenue into \$1.7M direct program service and operational support. This amazing benchmark was reached only because you shopped 422,739 times!

“It’s sooo nice to volunteer at the new building in North Branch. The staff appreciates me being there and I feel like I’m doing something good for my community because the store is like a service itself with low cost merchandise.”
— Volunteer

Milestones

It was a Year of “New.”

The NEW North Branch Thrift Store building was completed in January 2017 and store staff and volunteers successfully moved fixtures and product across the parking lot from the old building to the NEW building in 7 days. We opened for business in the NEW store on February 6th, 2017. The NEW North Branch location is currently our second largest store in terms of customer traffic and sales revenue.

Wyoming Thrift Store received a NEW, much-needed face lift during the summer with a NEW coat of paint on the exterior walls.

A NEW partnership was formed with a NEW buyer to sell bales of clothing donations to complement the mixed rag (non-saleable clothing) bale business we have had in place for the past 4 years.

A NEW lease was signed for a NEW thrift store location in Ham Lake, MN, to open February, 2018.



2017 HIGHLIGHTS

You gave 127,920 individual donations of clothing and household goods that transformed into over **2.9 million** items for sale in our thrift stores.

You saved almost **3 million pounds** of clothing and household goods from local landfills through donation and recycling efforts.

Because of your donations, we were able to sell over 2.1 million pounds of non-saleable and excess clothing and shoes for an additional **\$145,000** in revenue.

163,521 of you “Rounded-Up” your purchases to generate \$102,370 in additional program donations.

419 dedicated volunteers devoted **33,697 hours** in our thrift stores to help make this all possible.

The names of our donors and volunteers can be found at FamilyPathways.org. Look for yours!



VOLUNTEERS

WHO ARE YOU?

Cooks, executives, friends, retirees, churches, families, groups, civic, homemakers, job-hunters, professionals, companies, individuals. **ANYONE** and **EVERYONE!**

Paving the Path for Gifts of All Kinds

For 40 years, you have said it's important to take care of your neighbors. And you've meant it. Together, you have worked tirelessly to make our communities better. You are Family Pathways most valuable resource. Without you, we cannot feed people, keep them safe, help them see brighter futures, or assist them so they can age with dignity.

In 2017, 1,114 volunteers dedicated 87,136 hours of time and talents to helping neighbors and making their community stronger. We think that's AMAZING!



“Alone we can do so little; together we can do so much.”

– Helen Keller

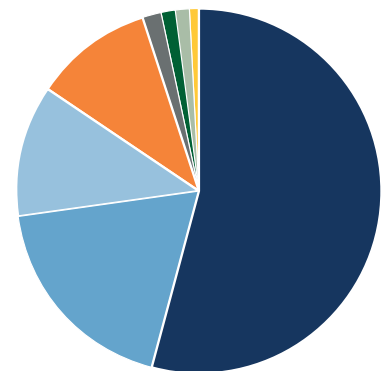
FAMILY PATHWAYS FINANCIAL RECAP
FISCAL YEAR 2017

Total Assets	\$	9,836,075
Total Liabilities	\$	6,417,009
Total Net Assets	\$	3,419,066
Total Liabilities and Net Assets	\$	9,836,075

Your Investment

Thrift Store Customer Purchases	\$	4,676,657	(54.2%)
Contributions – Food Donations		1,606,958	(18.6%)
Program Grants, Contracts & Revenue		1,005,374	(11.6%)
Contributions – Cash		916,424	(10.6%)
Other		128,224	(1.5%)
Thrift Store Recycling Revenue		112,884	(1.3%)
Service Revenue		106,586	(1.2%)
Events		76,555	(.9%)

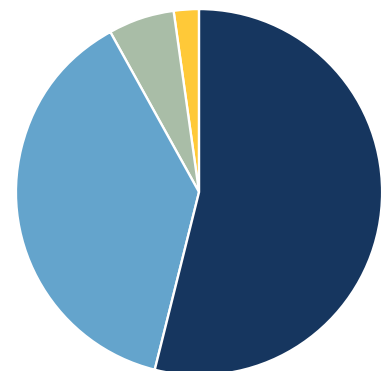
TOTAL COMMUNITY INVESTMENT **\$ 8,629,662**



How We Invest It

Providing Services	\$	5,033,114	(54%)
Cost of Selling Thrift Store Goods & Recycling		3,522,512	(38%)
Administration		566,293	(6%)
Fundraising		241,658	(2%)

COMMUNITY RETURN **\$ 9,363,577**



To view Family Pathways 2017 audited financials and 990 go to FamilyPathways.org

CONTACT US

Administrative Office

6413 Oak Street
North Branch, MN 55056
651-674-8040
877-321-7100
mail@familypathways.org
familypathways.org

Hunger Relief Services (Food Shelf) Locations

**Cambridge Food Shelf
Mobile Food Truck**
1575 1st Ave E
Cambridge, MN 55008
Phone: 763-552-3663

**Chisago Lakes Area
Food Shelf**
10586 Liberty Ln
Chisago City, MN 55013
Phone: 651-257-1308

Forest Lake Food Shelf
935 Lake St S
Forest Lake, MN 55025
Phone: 651-464-2098

Frederic Food Shelf
1100 Wisconsin Ave S
Frederic, WI 54837
Phone: 715-327-4425

North Branch Food Shelf
6381 Main St
North Branch, MN 55056
Phone: 651-674-8313

Onamia Food Shelf
502 E Main St
Onamia, MN 56359
Phone: 320-532-7665

Pine City Food Shelf
220 7th St SW
Pine City, MN 55063
Phone: 320-629-0128

Sandstone Food Shelf
314 Main St
Sandstone, MN 55072
Phone: 320-245-2485

St. Croix Falls Food Shelf
2000 US Hwy 8
St. Croix Falls, WI 54024
Phone: 715-483-2920

Aging Services Offices

Cambridge Office
1575 1st Ave E
Cambridge, MN 55008
Phone: 763-689-8811

Chisago City Office
10625 Railroad Ave
Chisago City, MN 55013
Phone: 651-257-7905

Mora Office
214 Railroad Ave NW
Mora, MN 55051
Phone: 320-225-9277
320-364-1115

Pine City Office
220 7th St SW
Pine City, MN 55063
Phone: 320-629-0128

Youth Services

Princeton Teen Center
605 Rum River Dr S
Princeton, MN 55371
Phone: 763-631-5024

Forest Lake Teen Center
935 Lake St S
Forest Lake, MN 55025
Phone: 651-464-4995

North Branch Teen Center
6381 Main St
North Branch, MN 55056
Phone: 651-277-0098

Refuge Network

Cambridge Office
1575 1st Ave E
Cambridge, MN 55008
Phone: 763-689-3532

Chisago City Office
10625 Railroad Ave S #204
Chisago City, MN 55013
Phone: 651-257-2890

Mora Office
214 Railroad Ave NW
Mora, MN 55051
Phone: 320-679-1737



Thrift Store Locations

Cambridge Thrift Store
City Center Mall
130 Buchanan St N
Cambridge, MN 55008
Phone: 763-552-3003

Forest Lake Thrift Store
935 Lake St S
Forest Lake, MN 55025
Phone: 651-464-4713

Ham Lake Thrift Store
16421 Aberdeen St NE
Ham Lake, MN 55304
Phone: 763-434-4517

Hinckley Thrift Store
112 Main St E
Hinckley, MN 55037
Phone: 320-384-0046

Isanti Thrift Store
16 Main St W
Isanti, MN 55040
Phone: 763-444-9551

Lindstrom Thrift Store
30703 Lincoln Road
Lindstrom, MN 55045
Phone: 651-257-7601

North Branch Thrift Store
38462 Tanger Drive
North Branch, MN 55056
Phone: 651-674-4211

Pine City Thrift Store
800 Main St
Pine City, MN 55063
Phone: 320-629-3878

Princeton Thrift Store
605 Rum River Dr S
Princeton, MN 55371
Phone: 763-631-5022

St. Croix Falls Thrift Store
2000 US Highway 8
St. Croix Falls, WI 54024
Phone: 715-483-2919

Wyoming Thrift Store
26816 Kettle River Blvd
Wyoming, MN 55092
Phone: 651-462-6632

Hunger Relief
Aging Services

family Youth
PATHWAYS

Thrift Stores
Domestic Violence



mail@familypathways.org

Familypathways.org

651-674-8040

877-321-7100



Administrative Office
6413 Oak Street
North Branch, MN 55056

FamilyPathways.org



facebook.com/familypathwaysnb



@famopath

1-877-321-7100



In an effort to be good stewards of your generous donations, Family Pathways has moved the lists of donors and volunteers to our website. This allows us to reduce the money spent on paper, ink, and postage and use those dollars for the greater good – serving more people. To view the lists, please visit FamilyPathways.org.

Family Pathways makes every effort to ensure the accuracy of our donor report. If we have made an error, please accept our apologies and contact us so that we may correct the mistake immediately and prevent future errors. Thank you.

Thank you

for supporting Family Pathways