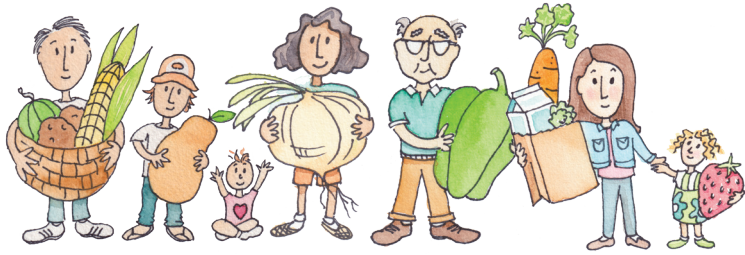


FAMILY PATHWAYS MOST WANTED FOOD ITEMS



We encourage food donors to give the most nutritious items whenever possible to ensure we are contributing to the good health of our communities.

Please use this list as a guide for your Food & Fund Drive and share it with others.

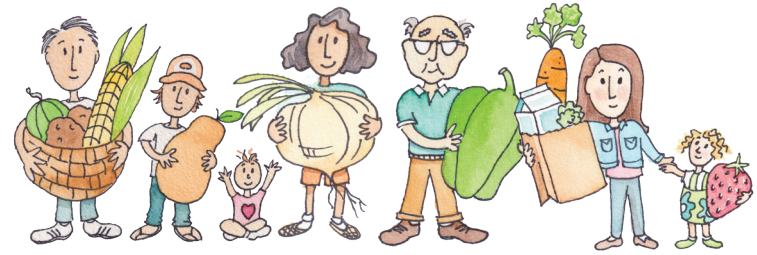
- **Fresh, frozen, or canned fruit**
apples, oranges, mixed fruit, pears
- **Fresh, frozen, or canned vegetables**
green beans, corn, mixed vegetables
- **Bags of potatoes, carrots, or onions**
- **Whole grain pasta, rice**
- **Baking and cooking items**
vegetable oil, flour, sugar, spices
- **Canned meats**
tuna, chicken, salmon
- **Hearty soups**
chunky soups, stews, cream of mushroom soup
- **Peanut Butter**
- **Personal hygiene and household cleaning products**

Want to give financially? \$10 feeds a family of 4 for one week!

family
PATHWAYS

Be sure to register your food & fund drive at FamilyPathways.org

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