**MOST WANTED FOOD ITEMS in March**

We encourage food donors to give the most nutritious items whenever possible to ensure we are contributing to the good health of our communities.

Please use the list as a guide to determine what to bring to your organization’s Food & Fund Drive and share it with other food drive participants.

- **Fresh, frozen, or canned fruit**
  - apples, oranges, mixed fruit, pears

- **Fresh, frozen, or canned vegetables**
  - green beans, corn, mixed vegetables

- **Bags of potatoes, carrots, or onions**

- **Whole grain pasta, rice**

- **Baking and cooking items**
  - vegetable oil, flour, sugar, spices

- **Canned meats**
  - tuna, chicken, salmon

- **Hearty soups**
  - chunky soups, stews, cream of mushroom soup

- **Peanut Butter**

- **Personal hygiene and household cleaning products**

**Want to give financially?**

With our buying power $1 = $7 worth of groceries!