FOOD SHELF WISH LIST
for November & December

Help us meet our Half Million Meals Challenge

We encourage food donors to give the most nutritious items whenever possible to ensure we are contributing to the good health of our communities.

Please use this list as a guide for your organization’s Food & Fund Drive.

• Fresh, frozen, or canned fruit
  apples, oranges, mixed fruit, pears
• Fresh, frozen, or canned vegetables
  green beans, corn, mixed vegetables
• Bags of potatoes, carrots, or onions
• Whole grain pasta, rice
• Baking and cooking items
  vegetable oil, flour, sugar, spices
• Canned meats
  tuna, chicken, salmon
• Hearty soups
  chunky soups, stews, cream of mushroom soup
• Stuffing

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