



Please Join Us!

CAREGIVER ESSENTIALS

An educational program
designed to assist family
caregivers

June 17
10:00am



- Understand the complexities of caring for an older adult
- Understand the impact of providing and receiving care
- Identify strategies to help create balance in your life
- Become aware of community resources

Where: Virtual Zoom Class

Cost: There is no cost to participate, but donations are welcome!

To register or for more information

Contact Collette at collette@familypathways.org or 651-257-7905

All participants must have audio and visual technology capabilities