# FAMILY PATHWAYS CONNECTIONS

Family Pathways Staff Newsletter

**Connecting with Leadership:** 

The month of May brings many things to be thankful for and to appreciate, including Mother's Day, Armed Forces Day, and Memorial Day. These are days for us to intentionally slow down, connect with ourselves, our loved ones, and the community. The COVID-19 pandemic has had a large impact on each of us in various ways so it's more important than ever to take time to relax, reflect, and be thankful for those in our lives. With COVID-19 vaccination numbers steadily increasing across the state; continued compliance of public health measures; and statewide COVID restrictions setting to end on July 1st (or earlier) we can all appreciate some light at the end of the tunnel! Thank you for the perseverance and commitment to continue to work alongside people to enhance their lives. *Tony B.* 

#### In This Issue:

Connecting with Leadership

MAY

- Mission Moments
- Connecting with Staff
- Staff Spotlight
- Connecting with Volunteers
- Connecting with Community
- Thrift Store Updates
- Connecting with Yourself
- **Open Positions**

#### **Mission Moment**

This month's mission moment focuses on one of our amazing staff who inspires others around her on a daily basis. When the COVID-19 pandemic began, there was a real fear that our organization would have to close its doors. With many volunteers fearing for their health, **Brooke Zank, our Volunteer Manager**, took it upon herself to check in with them and offer ways that they could support our organization remotely. She took the time to recognize them, spotlighting new volunteers each month and telling their stories. Brooke worked with our team to develop a Doorstep Delivery program – recruiting volunteers to deliver food to our aging community and spend time with them. One client said to a volunteer, "I am so happy to see you. You are the only person I have seen in two weeks! Brook Zank has been selected as

#### Staff Spotlight:

#### Dara Cavallin celebrates 15 years with Family Pathways

Congratulations to Dara Cavallin, who is celebrating 15 years with Family Pathways! Denise leads our Pine City Thrift Store team.

Dara started out as a Part Time Sales Associate before moving to Full Time Sales Associate, then to Supervisor , and finallyto Store Manager! Dara grew up in Mora MN and has been a resident of Pine City for the last 17 years. In her free time, she enjoys spending time with family, camping, and reading. She used to competitively show horse from the time she was 8 years old to around 21 years old and was one of the best in the East Central Area!

Dara says, "I have loved watching how Family Pathways has grown and how many people and communities we help. I am lucky that I have been around to see that growth! I love working for the Thrift Stores! I have seen the growth since I have been at Pine City Store since I started. I love the customers and donors and volunteers and staff!!! They are amazing and it is amazing what we do as an organization!" the recipient of MAVA's 2021 Award for Excellence in Volunteer Leadership During COVID-19! This award recognizes an individual who has shown a commitment to managing and promoting volunteerism during COVID-19.

## Connecting with Staff Updates and Information

New hires: Welcome to Elizabeth Jansen (Princeton Thrift Store), Charlotte Streseman (Shelter), Isabella Olson (Forest Lake Thrift Store), Tabatha Dotson (Lindstrom Thrift Store), Alawnna Robertson (Hinckley Thrift Store), and Elizabeth Tolzmann Damm (North Branch Thrift Store.) We're glad you're here!

Work Anniversaries: Congratulations to Lise Arseneau-Lee, Kristine Barwin, Dara Cavallin (15 years!), Sally Faughn, Alayna Forliti, Catherine Gese, Chasity Livingston, Vicki Minder (5 years), Jayne Mund, Kaleigha Peterson, Thomas Stuen, and Tara Thomas on their May work anniversaries!

**Teen Center Cleanout–Free Items for Staff** A variety of items from the old teen centers are available to staff who are able to come pick them up. Items include an air hockey table, discs, and manual (not currently functional), a pool table with the balls available, an entertainment center, and a long ball (carpet ball) game. Contact Kathy at 651-674-8040, Ext 114.

## **Connecting with Volunteers:**

Congratulations to our Quarterly Spotlight winner Rose Gustafson from the Sandstone Food Shelf. Rose just recently celebrated her 86th birthday and said that the main reason why she likes to volunteer is because it keeps her young. This last year she contributed to almost 1,000 hours of service. She said that she loves to volunteer for Family Pathways because she gets to help so many people that come to the food shelf. If you would like to see our April Reflections Newsletter please visit www.familypathways.org/volunteer.



## **Connecting with Community**

• **The Barn Bash is almost here!** The annual Family Pathways Barn Bash fundraising event will be held virtually May 20 from 7-8pm. Tickets are free, though cocktail kits are available for those who want to upgrade their experience. We have some great talent onboard for the event including the Skally Line Band and two-time Emmy award winner Ken Stone as our emcee. As always though, the focus of the event will be the amazing work done by our staff and the impact we make on people's lives. Share the event on social media and go to igfn.us/e/4q7ZAQ to RSVP!



• May is Older Americans Month Throughout the month, we will be featuring stories and resources on our Facebook page to highlight the impact of our Aging Services program, caregivers, and older adults in our community.

## Family Pathways Thrift Stores Updates Memorial Day Sale

Family Pathways Thrift Stores annual Memorial Day Sale is Monday, May 31. All shoppers will save 20% off storewide. Our email subscribers will receive a coupon to save even more. The Memorial Day Sale is valid at all locations. Our stores will be open 9 am-5 pm on Memorial Day.

### **Referral and Hiring Bonuses Continue at Thrift Stores**

Family Pathways Thrift Stores continues to offer two financial incentive programs in order to help fully staff our stores. These bonuses apply to the Operations Supervisor at our Forest Lake Thrift Store and fulltime sales associates at Forest Lake, Wyoming and North Branch.

We are offering a \$300 referral bonus to Family Pathways staff members, regardless of department, for referring successful candidates. Refer a friend, volunteer, customer, donor or anyone else you think will make a great fit to our team.

We're also offering a \$600 hiring bonus for the operations supervisor and fulltime sales associates at Forest Lake and Wyoming. Qualified candidates will receive \$300 after the first month of employment and an additional \$300 paid upon six months of employment.

#### Christina Steiner Promoted to Wyoming Thrift Store Manager

Christina Steiner has been a key element of Forest Lake Thrift Store's success for eight years. Christina started with Family Pathways as a Sales Associate and was promoted to Operations Supervisor in 2016. Going above and beyond is a daily occurrence for Christina and we are very excited to see what new successes she achieves as Wyoming Thrift Store's Manager. Christina will officially transfer into her new role in early May. Congratulations Christina!

**Open Positions: Please Share!** Aging Care Associate–Cambridge, MN Aging Care Associate - Chisago City, MN Aging Care Associate & Door-Step Delivery -Princeton, MN Aging Care Associate & Door-Step Delivery -Cambridge, MN Full-Time Sales Associate - North Branch, MN Full-Time Sales Associate - Wyoming, MN Full-Time Sales Associate–Forest Lake, MN Operations Supervisor–Forest Lake, MN Food Rescue Driver Assistant - Cambridge, MN Food Shelf/Thrift Store Assistant - Onamia, MN Full Time - Human Resource Associate - North Branch, MN Full-Time Community Advocate–Carlton, MN Part-Time Sales Associate - Forest Lake, MN Part-Time Sales Associate - Lindstrom, MN Part-Time Sales Associate–North Branch, MN Part-Time Sales Associate - St. Croix Falls, WI Part-Time Sales Associate - Wyoming, MN Part-Time Sales Associate - Hinckley, MN Part-Time Sales Associate - Pine City, MN Part-Time Sales Associate - Princeton, MN Part -Time Shelter Advocate - Cambridge, MN

Part-Time Visitation Monitor–Pine and Kanabec County

Shelter Advocate–Cambridge, MN

Connecting with Yourself: Wellness Tips

# May is Mental Health Awareness Month

There are many resources available in our area including <u>www.adultmentalhealth.org</u>, a coalition of Chisago, Isanti, Kanabec, Mille Lacs and Pine Counties and the Mille Lacs Band of Ojibwe providing information and resources.

Family Pathways staff also have free access to our Employee Assistance Program, including seminars and live texting with counselors. go directly to <u>www.hpeap.com</u> and enter the password "familyp"

# Hello4Health– Making social connections and building wellness

Allina Health is thrilled to launch Hello4Health, an online resource offering activities and resources to connect with others in a fun and engaging way. <u>https://hello4health.org/</u>

Do you have a mission moment, photo, announcement, wellness tip, staff person or volunteer you want to celebrate? Email jenniferb@familypathways.org to have it included in the next Connections Newsletter!





# FAMILY PATHWAYS CONNECTIONS

Family Pathways Staff Newsletter

**Connecting with Leadership:** 

The month of May brings many things to be thankful for and to appreciate, including Mother's Day, Armed Forces Day, and Memorial Day. These are days for us to intentionally slow down, connect with ourselves, our loved ones, and the community. The COVID-19 pandemic has had a large impact on each of us in various ways so it's more important than ever to take time to relax, reflect, and be thankful for those in our lives. With COVID-19 vaccination numbers steadily increasing across the state; continued compliance of public health measures; and statewide COVID restrictions setting to end on July 1st (or earlier) we can all appreciate some light at the end of the tunnel! Thank you for the perseverance and commitment to continue to work alongside people to enhance their lives. *Tony B.* 

#### In This Issue:

Connecting with Leadership

MAY

- Mission Moments
- Connecting with Staff
- Staff Spotlight
- Connecting with Volunteers
- Connecting with Community
- Thrift Store Updates
- Connecting with Yourself
- **Open Positions**

#### **Mission Moment**

This month's mission moment focuses on one of our amazing staff who inspires others around her on a daily basis. When the COVID-19 pandemic began, there was a real fear that our organization would have to close its doors. With many volunteers fearing for their health, **Brooke Zank, our Volunteer Manager**, took it upon herself to check in with them and offer ways that they could support our organization remotely. She took the time to recognize them, spotlighting new volunteers each month and telling their stories. Brooke worked with our team to develop a Doorstep Delivery program – recruiting volunteers to deliver food to our aging community and spend time with them. One client said to a volunteer, "I am so happy to see you. You are the only person I have seen in two weeks! Brook Zank has been selected as

#### Staff Spotlight:

#### Dara Cavallin celebrates 15 years with Family Pathways

Congratulations to Dara Cavallin, who is celebrating 15 years with Family Pathways! Denise leads our Pine City Thrift Store team.

Dara started out as a Part Time Sales Associate before moving to Full Time Sales Associate, then to Supervisor , and finallyto Store Manager! Dara grew up in Mora MN and has been a resident of Pine City for the last 17 years. In her free time, she enjoys spending time with family, camping, and reading. She used to competitively show horse from the time she was 8 years old to around 21 years old and was one of the best in the East Central Area!

Dara says, "I have loved watching how Family Pathways has grown and how many people and communities we help. I am lucky that I have been around to see that growth! I love working for the Thrift Stores! I have seen the growth since I have been at Pine City Store since I started. I love the customers and donors and volunteers and staff!!! They are amazing and it is amazing what we do as an organization!" the recipient of MAVA's 2021 Award for Excellence in Volunteer Leadership During COVID-19! This award recognizes an individual who has shown a commitment to managing and promoting volunteerism during COVID-19.

## Connecting with Staff Updates and Information

New hires: Welcome to Elizabeth Jansen (Princeton Thrift Store), Charlotte Streseman (Shelter), Isabella Olson (Forest Lake Thrift Store), Tabatha Dotson (Lindstrom Thrift Store), Alawnna Robertson (Hinckley Thrift Store), and Elizabeth Tolzmann Damm (North Branch Thrift Store.) We're glad you're here!

Work Anniversaries: Congratulations to Lise Arseneau-Lee, Kristine Barwin, Dara Cavallin (15 years!), Sally Faughn, Alayna Forliti, Catherine Gese, Chasity Livingston, Vicki Minder (5 years), Jayne Mund, Kaleigha Peterson, Thomas Stuen, and Tara Thomas on their May work anniversaries!

**Teen Center Cleanout–Free Items for Staff** A variety of items from the old teen centers are available to staff who are able to come pick them up. Items include an air hockey table, discs, and manual (not currently functional), a pool table with the balls available, an entertainment center, and a long ball (carpet ball) game. Contact Kathy at 651-674-8040, Ext 114.

## **Connecting with Volunteers:**

Congratulations to our Quarterly Spotlight winner Rose Gustafson from the Sandstone Food Shelf. Rose just recently celebrated her 86th birthday and said that the main reason why she likes to volunteer is because it keeps her young. This last year she contributed to almost 1,000 hours of service. She said that she loves to volunteer for Family Pathways because she gets to help so many people that come to the food shelf. If you would like to see our April Reflections Newsletter please visit www.familypathways.org/volunteer.



## **Connecting with Community**

• **The Barn Bash is almost here!** The annual Family Pathways Barn Bash fundraising event will be held virtually May 20 from 7-8pm. Tickets are free, though cocktail kits are available for those who want to upgrade their experience. We have some great talent onboard for the event including the Skally Line Band and two-time Emmy award winner Ken Stone as our emcee. As always though, the focus of the event will be the amazing work done by our staff and the impact we make on people's lives. Share the event on social media and go to igfn.us/e/4q7ZAQ to RSVP!



• May is Older Americans Month Throughout the month, we will be featuring stories and resources on our Facebook page to highlight the impact of our Aging Services program, caregivers, and older adults in our community.

## Family Pathways Thrift Stores Updates Memorial Day Sale

Family Pathways Thrift Stores annual Memorial Day Sale is Monday, May 31. All shoppers will save 20% off storewide. Our email subscribers will receive a coupon to save even more. The Memorial Day Sale is valid at all locations. Our stores will be open 9 am-5 pm on Memorial Day.

### **Referral and Hiring Bonuses Continue at Thrift Stores**

Family Pathways Thrift Stores continues to offer two financial incentive programs in order to help fully staff our stores. These bonuses apply to the Operations Supervisor at our Forest Lake Thrift Store and fulltime sales associates at Forest Lake, Wyoming and North Branch.

We are offering a \$300 referral bonus to Family Pathways staff members, regardless of department, for referring successful candidates. Refer a friend, volunteer, customer, donor or anyone else you think will make a great fit to our team.

We're also offering a \$600 hiring bonus for the operations supervisor and fulltime sales associates at Forest Lake and Wyoming. Qualified candidates will receive \$300 after the first month of employment and an additional \$300 paid upon six months of employment.

#### Christina Steiner Promoted to Wyoming Thrift Store Manager

Christina Steiner has been a key element of Forest Lake Thrift Store's success for eight years. Christina started with Family Pathways as a Sales Associate and was promoted to Operations Supervisor in 2016. Going above and beyond is a daily occurrence for Christina and we are very excited to see what new successes she achieves as Wyoming Thrift Store's Manager. Christina will officially transfer into her new role in early May. Congratulations Christina!

**Open Positions: Please Share!** Aging Care Associate–Cambridge, MN Aging Care Associate - Chisago City, MN Aging Care Associate & Door-Step Delivery -Princeton, MN Aging Care Associate & Door-Step Delivery -Cambridge, MN Full-Time Sales Associate - North Branch, MN Full-Time Sales Associate - Wyoming, MN Full-Time Sales Associate–Forest Lake, MN Operations Supervisor–Forest Lake, MN Food Rescue Driver Assistant - Cambridge, MN Food Shelf/Thrift Store Assistant - Onamia, MN Full Time - Human Resource Associate - North Branch, MN Full-Time Community Advocate–Carlton, MN Part-Time Sales Associate - Forest Lake, MN Part-Time Sales Associate - Lindstrom, MN Part-Time Sales Associate–North Branch, MN Part-Time Sales Associate - St. Croix Falls, WI Part-Time Sales Associate - Wyoming, MN Part-Time Sales Associate - Hinckley, MN Part-Time Sales Associate - Pine City, MN Part-Time Sales Associate - Princeton, MN Part -Time Shelter Advocate - Cambridge, MN

Part-Time Visitation Monitor–Pine and Kanabec County

Shelter Advocate–Cambridge, MN

Connecting with Yourself: Wellness Tips

# May is Mental Health Awareness Month

There are many resources available in our area including <u>www.adultmentalhealth.org</u>, a coalition of Chisago, Isanti, Kanabec, Mille Lacs and Pine Counties and the Mille Lacs Band of Ojibwe providing information and resources.

Family Pathways staff also have free access to our Employee Assistance Program, including seminars and live texting with counselors. go directly to <u>www.hpeap.com</u> and enter the password "familyp"

# Hello4Health– Making social connections and building wellness

Allina Health is thrilled to launch Hello4Health, an online resource offering activities and resources to connect with others in a fun and engaging way. <u>https://hello4health.org/</u>

Do you have a mission moment, photo, announcement, wellness tip, staff person or volunteer you want to celebrate? Email jenniferb@familypathways.org to have it included in the next Connections Newsletter!



