



## FOOD ACCESS AND EQUITY

Family Pathways provides access to healthy food for families and individuals in crisis through 9 Food Shelves, a mobile food pantry, weekend food (Backpack) program for youth, and Doorstep Delivery - a program bringing food directly to housebound seniors.

"With the price of food, electricity, and my medical expenses I wouldn't be able to live independently without the support of Family Pathways"

## **AGING SERVICES**

Aging Services helps older adults and their caregivers age well at home by providing homemaking services, caregiver support and consulting, and community education.

"Without having my homemaker come in, I wouldn't be able to stay in my home!"





### **DOMESTIC VIOLENCE AND SEXUAL ASSAULT SERVICES**

Through advocacy, emergency shelter, and education, we partner to promote violence-free lives and break the cycle of abuse. Our Domestic Violence and Sexual Assault Services include the Black Dog Hill Emergency Shelter, a 24-hour crisis hotline, community advocacy, criminal justice advocacy, and intervention programs.

"Breaking the cycle of abuse is difficult but with help I have been able to do that and give my kids the chance they deserve. Thank you for giving us the chance to finally feel safe ."

# **PARENTING TIME SERVICES**

Family Pathways provides supervised and monitored parenting time to assure that children have safe contact with absent family members. This service is offered as a tool to assist families as they navigate difficult times and transitions.

"I was worried about everything and this is such a relief in so many ways - using your services is the best choice and I am so grateful they exist!"



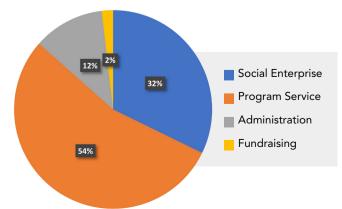
# Expenses

Social Enterprise...\$4,252,844 Program Services...\$7,171,589 Administration...\$1,531,467 Fundraising...\$243,983

Charities
REVIEW
Council

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Total Expenses...\$13,199,883



Full Financial Information can be found at FamilyPathways.org/about-us/financials



## **VOLUNTEERS**

Every day, Family Pathways provides volunteer opportunities that create positive change in East Central Minnesota and Western Wisconsin. We rely on our volunteers across all of our programs and we are so grateful for their dedication. Family Pathways volunteers come from all walks of life, backgrounds, service groups, businesses, youth groups, and educational systems. In 2023, 1,287 volunteers served 60,808 hours in roles throughout our Family Pathways Programs, with their hours providing a total value of \$2,096,051.

### **DONORS**

This year our donors contributed 2,007,696 pounds of food to our food shelves, over 2.3 million items to our Thrift Stores, and more than \$1.2 million to our programs. This has allowed us to support more than 20,000 of our neighbors in need over the past year.

"I've been where Family Pathways clients are. There were certainly times when I had no idea what we were going to eat for our next meal and leaned on food shelves as needed. As my life turned around and my earnings increased over time, I vowed to give back through donations such as volunteerism, items, food or money. I'm happy that we are able to support others and that this gift will purchase so many groceries."

- Food Shelf Donor





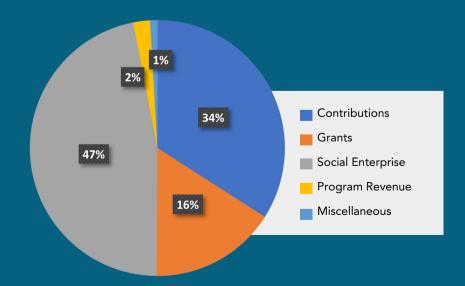
## **SOCIAL ENTERPRISE (THRIFT STORES, RECYCLING & ECOMMERCE)**

More than a place to find a bargain, Family Pathways Thrift Stores transform donated goods into opportunity, investment, and good environmental stewardship. The profits from our Social Enterprise are invested directly back into the programs that serve our communities. 47% of our organization's funding comes from the revenue generated by our 10 Thrift Stores, eCommerce, and our metal and clothing recycling programs.

# Revenue

Social Enterprise...\$6,143,539 Program Revenue...\$278,164 Contributions...\$4,462,668 Grants...\$2,107,035 Miscellaneous...\$120,074





Thank you to our donors and community partners. Your contributions make our work possible!

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\*financial information is based on our fiscal year 2023



# **2023 Impact Report**

Family Pathways works alongside people to enhance lives through a continuum of essential services and—together with community—champion positive social change.



1,673,080

#### **MEALS**

In 2023, Family Pathways distributed 1,673,080 meals - These meals were through mass food distribution events. 169,403 meals through 5,699 visits to our Mobile Food Shelf. 550 children received the nutrition they needed from 83,888 meals provided by our Backpack Program. Meals were also provided by our Doorstep Delivery program and the food shelves themselves.

3,233

#### FOUND SHELTER AND ADVOCACY

136 Adults and children found shelter at Black Dog Hill Emergency Shelter in 2023. Our community advocates supported 3,233 people in finding safety and self-sufficiency after domestic violence and sexual assault. Our advocates also made 4,732 follow up calls to people seeking help.



20

# FAMILY PATHWAYS SCHOLARSHIP RECIPIENTS

2 students were chosen as the recipients of the Family Pathways Scholarship in 2023. Established in 2020, this scholarship seeks to amplify the voices of Black students in our communities through the possibilities of education. The scholarship was created at the request of donors inspired by events in 2020 and is funded solely by designated donations.

645

# **OLDER ADULTS AND CAREGIVERS**



Aging Services staff and volunteers provided 2,032 hours of support to 187 caregivers, homemaking services to 217 older adults, doorstep delivery to 71 individuals, and education and outreach to 170 people in our community.

5,078

### **SUPERVISED VISIT HOURS**



Family Pathways Parenting Time services provided 5,078 hours of supervision to families across the counties we serve through virtual visits, in-person visits and safe exchange which helps parents and children to stay connected.

2.6

# MILLION POUNDS SAVED FROM LANDFILL

Family Pathways Thrift Stores received donations from 92,898 people in 2023. Thrift Store customers donated an additional \$139,558 to support programming by rounding up their purchases.

